

Appetizers

SMOKED CHICKEN WINGS 15

12 jumbo wings tossed in hot, medium, salt & pepper, or smoked peach chipotle bbq

POKÉ BOWL* 14 Tf

marinated ahi tuna over a bed of sushi rice, mandarin oranges, avocado spread, cucumber, edamame, sesame seed, sriracha aioli, topped with fried wontons

GLAZED BRUSSELS SPROUTS 12

blistered, with fresno chiles, green onions, hoisin glaze, sesame seed

NACHOS SUPREME 12

nacho cheese, shredded cheddar, shredded lettuce, tomato, pickled jalapeños, sour cream, salsa add ground beef or grilled chicken +2 add house green chile sauce +1

SHRIMP COCKTAIL 12

four large shrimp, house made cocktail sauce

SOUTHERN FRIED PICKLE SPEARS 10

pickle spears, cajun remoulade dipping sauce

Salads

add grilled chicken +4 shrimp +9 steak* +8 ahi tuna* +6

HOUSE SALAD half 7 full 9 Tf

spring mix, tomato, onion, cucumber, carrots, choice of dressing

CAESAR SALAD half 8 full 10

chopped romaine, parmesan, croutons

FIESTA LETTUCE WRAPS 12 Tf Gf

ground beef or grilled chicken, lettuce, cabbage, corn salsa, fiesta lime dressing

ARROYO 2.0 half 9 full 12

spring mix, walnuts, bleu cheese, strawberries, mandarin oranges, dried cranberries, green apples, apple cider vinaigrette

TroonFIT entrées under 500 calories **Gf** gluten free

*Consumption of raw or under cooked meats or fish may increase your risk of food borne illness.

Entrees

served with complimentary baguette and butter | add a side house salad +4 or caesar salad +5

RIBEYE* 12oz 25

pairs well with Trinchero Cabernet 12

simply seasoned, char grilled, choice of two sides

add fine herb compound butter +1

add grilled shrimp skewer +9

HOUSE SMOKED BABY BACK RIBS half 14 full 22

pairs well with Conundrum Red Blend 11

hickory smoked pork ribs served with smoked peach

chipotle bbq sauce, choice of two sides

CHICKEN PARMIGIANA 18

pairs well with Fess Parker Pinot Noir 11

breaded chicken breast, linguini, house made marinara, provolone,

parmesan, parsley

GRILLED SALMON* 18 Tf

pairs well with Trinchero Sauvignon Blanc 12

lemon vinaigrette, basil oil, tomato, onion, cucumber,

asparagus salad

BONE IN PORK CHOP* 12oz 18

pairs well with Coppola Merlot 11

honey peach gastrique, choice of two sides

add compound butter +1

LEMON PEPPER COD* 16

pairs well with Conundrum White 11

8oz baked cod filet, lemon pepper seasoned,

choice of two sides

CHICKEN SCALLOPINI MARSALA 16

pairs well with Prisoner Red Blend 14

lightly breaded chicken breast, mushroom,

marsala wine sauce, choice of two sides

GREEN CHILE CHEESEBURGER* 14

pairs well with Uncle Beer's local brewery craft beer 7

angus burger patty, green chiles, american and pepperjack

cheeses, toasted bun, choice of one side

add bacon +1

fine herb compound butter +1

chile flake, garlic, lemon, herbs, white wine

SOUTHERN DUNES SIGNATURE

SHRIMP SCAMPI 19

pairs well with

Kendall Jackson Chardonnay 9

grilled jumbo shrimp, linguini,

white wine scampi sauce,

parmesan

Premium Sides

loaded mac & cheese

5

loaded idaho mash

4

Classic Sides

signature rice

3

grilled asparagus

3

roasted brussels sprouts

3

**seasonal
vegetable medley**

3

idaho mash

3